



The Research Progress of Shenling Baizhu Powder for Treating Tuberculosis

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SUMMARY. Tuberculosis (TB) is a chronic infectious disease caused by *Mycobacterium tuberculosis* (MTB) infection. At present, the anti-tuberculosis treatment is mainly based on chemical drugs, but it has some shortcomings, such as low cure rate, drug toxicity and side effects, coupled with the increase of drug-resistant bacteria, making TB treatment more difficult. Traditional Chinese medicine has shown unique advantages in the adjuvant treatment of tuberculosis. Shenlingbaizhu powder can improve the effective rate of tuberculosis treatment, reduce the toxic and side effects of chemical drugs, and weaken the adverse drug reactions. This paper reviews the research progress of its application in the treatment of tuberculosis.

RESUMEN. La tuberculosis (TB) es una enfermedad infecciosa crónica causada por la infección por *Mycobacterium tuberculosis* (MTB). En la actualidad, el tratamiento contra la tuberculosis se basa principalmente en medicamentos químicos, pero tiene algunas deficiencias, como una baja tasa de curación, toxicidad de los medicamentos y efectos secundarios, junto con el aumento de bacterias resistentes a los medicamentos, lo que dificulta el tratamiento de la tuberculosis. La medicina tradicional china ha demostrado ventajas únicas en el tratamiento adyuvante de la tuberculosis. El polvo de Shenlingbaizhu puede mejorar la tasa efectiva del tratamiento de la tuberculosis, reducir los efectos tóxicos y secundarios de los medicamentos químicos y debilitar las reacciones adversas a los medicamentos. Este artículo revisa los avances en la investigación de su aplicación en el tratamiento de la tuberculosis.

KEY WORDS: research progress, Shenling Baizhu powder, tuberculosis.

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